



December 2025

5-12 Salad Bar



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SALAD BAR TODAY	2 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	3 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	4 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	5 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
8 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	9 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	10 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	11 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	12 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
15 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries	16 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dried Cranberries Pita Chips & Hummus	17 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Dessert	18 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk Pita Chips & Hummus	19 Romaine Lettuce Spinach Fresh Cucumbers Red/Green Bell Peppers Apple Orange Tomatoes, Egg Apple, Orange, Raisins Peas Applesauce Diced Turkey Chicken Cottage Cheese Bell Peppers, Peas, Chickpeas, Croutons w/ Breadstick Choice of Milk
22 NO SCHOOL TODAY	23 NO SCHOOL TODAY	24 NO SCHOOL TODAY	25 NO SCHOOL TODAY	26 NO SCHOOL TODAY
29 NO SCHOOL TODAY	30 NO SCHOOL TODAY	31 NO SCHOOL TODAY		

This Institute is an Equal Opportunity Provider

-Low-fat Milk is offered at every meal.

-Salad Bar has choice of one meat choice or cottage cheese

Each Meal has a choice of only one meat/meat alternative (extra meat is .75 cent each)

Pricing: Lunch Jk-4 = \$2.45 / 5-8 = \$2.65 / 9-12 = \$2.85

Adult Lunch = \$4.85

-Pay Child Meal Accounts online at [MySchoolBucks.com](https://www.myschoolbucks.com)